



# EPA 2019

## 27<sup>th</sup> EUROPEAN CONGRESS OF PSYCHIATRY

Warsaw, Poland  
6-9 April 2019

### Session Schedule

Friday, April 5th

**Saturday, April 6th**

Sunday, April 7th

Monday, April 8th

Tuesday, April 9th

	Time	Event
<b>Breakout 2</b>	09:15 - 13:25	■ EPA Forum 2019: Implementing Comprehensive, Evidence-Based and Rights-Centred Strategies for Mental Health Care across Europe
<b>Breakout 4</b>	14:45 - 18:15	■ EPA Course: Adult ADHD
<b>Breakout 5</b>	14:45 - 18:15	■ EPA Course: An Introduction to CBT for Psychiatrists
<b>Breakout 6 (ECP Hall)</b>	14:45 - 18:15	■ EPA Course: The Pharmacological Management of Psychosis and Mood Disorders in Pregnancy and Lactation
<b>Breakout 7</b>	14:45 - 18:15	■ EPA Course: The ABCs of Neuropsychiatry for Psychiatrists
<b>Breakout 8</b>	14:45 - 18:15	■ EPA Course: How to Write a Paper and Publish it in Scientific Journals
<b>Breakout 9</b>	14:45 - 18:15	■ EPA Course: Electroconvulsive Therapy: A Course for Prescribers
<b>Breakout 10</b>	14:45 - 18:15	■ EPA Course: Screening Cognitive Impairments in Psychosis Using the Cognitive Assessment Interview (CAI)
<b>Breakout 11</b>	14:45 - 18:15	■ EPA Course: Personalised Psychopharmacotherapy Using Therapeutic Drug Monitoring and Genotyping
<b>EPA Meeting Room</b>	14:00 - 17:00	■ Council of NPAs

# Session Schedule

Friday, April 5th   Saturday, April 6th   **Sunday, April 7th**   Monday, April 8th   Tuesday, April 9th

	Time	Event
<b>Breakout 1 (Plenary)</b>	08:00 - 09:30	<span style="color: blue;">■</span> Symposium: Lifestyle Modifications for Treatment of Major Psychiatric Disorders: Current and Future Perspectives
	10:00 - 11:30	<span style="color: blue;">■</span> Symposium: Virtual Reality in the Assessment and Treatment of Psychotic Disorders
	11:45 - 12:30	<span style="color: blue;">■</span> Plenary Lecture: Talking to Your Voices Might Help: the Use of Avatars in the Treatment of Psychosis
	15:00 - 16:30	<span style="color: blue;">■</span> Presidential Symposium: Investing Early in Mental Health Pays Off Later in Life
	17:00 - 18:30	<span style="color: green;">■</span> Debate: Should the UHR Paradigm for Transition to Mental Disorder be Abandoned?
<b>Breakout 2</b>	08:00 - 09:30	<span style="color: green;">■</span> Symposium: Mass Violence, Radicalisation and Terrorism: Relation with Mental Health and Role of Psychiatric Professionals
	10:00 - 11:30	<span style="color: green;">■</span> Symposium: Suicidal Behaviour in Immigrants, Refugees, Asylum Seekers and Ethnic Minorities
	15:00 - 16:30	<span style="color: green;">■</span> Symposium: New Challenges in the Prevention and Treatment of Mental Disorders in the Peripartum Period
	17:00 - 18:30	<span style="color: blue;">■</span> Symposium: Adolescents' Non-Suicidal Self-Injury
<b>Breakout 3</b>	08:00 - 09:30	<span style="color: orange;">■</span> Workshop: Neuroimaging in the Elderly
	10:00 - 11:30	<span style="color: orange;">■</span> Symposium: Biomarkers - the Future of Diagnosis in Psychiatry?
	15:00 - 15:45	<span style="color: orange;">■</span> State of the Art: Adaptive Brain Plasticity Allowing Resilience to Mood Disorders
	15:45 - 16:30	<span style="color: orange;">■</span> State of the Art: Successfully Predicting Transition to Manifest Mental Disorders from at-Risk States: the Machine Learning Approach
	17:00 - 18:30	<span style="color: orange;">■</span> Symposium: Paternal Depression in the Postpartum and Beyond: Diagnosis, Risk Factors and Consequences for Child Development
<b>Breakout 4</b>	08:00 - 09:30	<span style="color: green;">■</span> Symposium: Early Intervention in Psychoses: the State of the Art
	08:00 - 09:30	<span style="color: blue;">■</span> Debate: Sexual Addiction: Does it Exist?
	10:00 - 11:30	<span style="color: blue;">■</span> Symposium: Social Evaluation and Emotion Regulation in Eating Disorders: Advances in the Management of Anorexia and Bulimia Nervosa
	15:00 - 16:30	<span style="color: blue;">■</span> Symposium: The New Tools for the Assessment of Negative Symptoms in Schizophrenia
	17:00 - 18:30	<span style="color: blue;">■</span> Workshop: Treatment of Comorbid Psychiatric Disorders: How Do We Deal With Addiction?
<b>Breakout 5</b>	08:00 - 09:30	<span style="color: gold;">■</span> Symposium: Epigenetic and Neuroendocrine Alterations Mediating the Association Between Exposure to Stress During Ontogenic Windows of Development and Risk for Psychiatric Disorders
	10:00 - 11:30	<span style="color: gold;">■</span> Symposium: DSM, ICD, and RDoC: Quo Vadis Classification?
	15:00 - 16:30	<span style="color: gold;">■</span> Workshop: Making Sense of Suicide Risk Prevention: From Childhood Adversities to Clinical Judgement
	17:00 - 18:30	<span style="color: gold;">■</span> Workshop: New Challenges in Education in Psychiatry
<b>Breakout 6 (ECP Hall)</b>	08:00 - 09:30	<span style="color: blue;">■</span> Workshop: Divergent Perspectives on the Psychopathology and Management of Borderline Personality Disorder
	10:00 - 11:30	<span style="color: blue;">■</span> ECP Clinical Case Discussion with the EFPT: Alcohol Use Disorders
	15:00 - 16:30	<span style="color: gold;">■</span> ECP Training Workshop: 'Basic' Psychotherapy: a Requirement in the Formation of Young Psychiatrists
	17:00 - 18:30	<span style="color: orange;">■</span> ECP Symposium: Digital Mental Health: Hot Topics
<b>Breakout 7</b>	08:00 - 09:30	<span style="color: green;">■</span> Workshop: Setting and Achieving Standards in Women Mental Health
	10:00 - 11:30	<span style="color: green;">■</span> Workshop: Online Training Resources for Psychiatric Trainees and Early Career Psychiatrists in Europe
	17:00 - 18:30	<span style="color: purple;">■</span> Joint Symposium with hosting NPA: Psychiatry in Transition: the European Experience
<b>Breakout 8</b>	17:00 - 18:30	<span style="color: blue;">■</span> Symposium: Metabolic Syndrome in Psychiatry: Recognition and Management of Psychotropic Drug-Induced Metabolic Effects
<b>Breakout 9</b>	08:00 - 11:30	<span style="color: gold;">■</span> EPA Course: Ethical Dilemmas in Clinical Psychiatry and Education
	15:00 - 16:30	<span style="color: green;">■</span> Workshop: Ethical Challenges Are an Unavoidable Part of Practice in Psychiatry - How Do We Deal With That in the Best Possible Way?
	17:00 - 18:30	<span style="color: green;">■</span> Symposium: All Psychiatrists Are Medical Doctors... Hope That They Have Not Forgotten Their Hippocratic Pledge
<b>Breakout 10</b>	08:00 - 11:30	<span style="color: gold;">■</span> EPA Course: Clozapine: The Art of Prescribing
<b>Breakout 11</b>	08:00 - 11:30	<span style="color: gold;">■</span> EPA Course: Transgender Care Within Psychiatry: What to Know and How to Teach
<b>EPA Meeting Room</b>	13:00 - 14:30	<span style="color: pink;">■</span> Publication Committee
<b>ECP Lounge</b>	09:00 - 11:45	<span style="color: pink;">■</span> Early Career Psychiatrists Committee
	12:30 - 14:00	<span style="color: pink;">■</span> Early Career Psychiatrists Committee Luncheon

# Session Schedule

Friday, April 5th	Saturday, April 6th	Sunday, April 7th	Monday, April 8th	Tuesday, April 9th
-------------------	---------------------	-------------------	-------------------	--------------------

	Time	Event
<b>Breakout 1 (Plenary)</b>	08:00 - 09:30	<span style="color: #4a90e2;">■</span> Symposium: The Promise and Challenges of Drug Repurposing in Psychiatry
	10:00 - 11:30	<span style="color: #4a90e2;">■</span> Symposium: Negative Symptoms: New Challenges and Perspectives
	11:45 - 12:30	<span style="color: #92d050;">■</span> Plenary Lecture: Preventing Suicide
	15:00 - 16:30	<span style="color: #92d050;">■</span> Debate: Do We Need Compulsory Treatments in Psychiatric Practice?
	17:00 - 18:30	<span style="color: #92d050;">■</span> Symposium: Advancing Partnership in Mental Health Care
<b>Breakout 2</b>	08:00 - 09:30	<span style="color: #ff9800;">■</span> Symposium: New Targets to Improve Real-Life Functioning of People with Mental Disorders
	10:00 - 11:30	<span style="color: #ff9800;">■</span> Symposium: Current Developments in Psychiatric Epidemiology: Evidence from Population-Based and Clinical Studies
	15:00 - 16:30	<span style="color: #4a90e2;">■</span> Workshop: A Quickstart Guide to Set Up a Team in Early Intervention/Detection of Psychosis
	17:00 - 18:30	<span style="color: #4a90e2;">■</span> Symposium: Diagnosis and Management of Treatment-Resistant Psychiatric Disorders
<b>Breakout 3</b>	08:00 - 09:30	<span style="color: #4a90e2;">■</span> Workshop: Autism in Women - Diagnostic Challenges and Management Strategies
	15:00 - 15:45	<span style="color: #4a90e2;">■</span> State of the Art: At What Level of Severity Do We Need Antidepressive Drugs?
	15:45 - 16:30	<span style="color: #4a90e2;">■</span> State of the Art: Physical Activity and Severe Mental Disorders
	17:00 - 18:30	<span style="color: #4a90e2;">■</span> Symposium: Eating Disorders, Anorexia Nervosa, Novel Clinical Features and Biomarkers for Diagnosis
<b>Breakout 4</b>	10:00 - 11:30	<span style="color: #808080;">■</span> Joint Symposium with EUFAS: Cannabis and the Brain: an Update for Psychiatrists
	15:00 - 16:30	<span style="color: #ff9800;">■</span> Symposium: In Search of Biomarkers for Mood Disorders
	17:00 - 18:30	<span style="color: #4a90e2;">■</span> Symposium: Somatic Treatments of Perinatal Mental Disorders in Pregnancy
<b>Breakout 5</b>	08:00 - 09:30	<span style="color: #9b59b6;">■</span> Symposium: A Humanitarian Disaster: Mental Health Needs of Forcibly Displaced People in Europe
	10:00 - 11:30	<span style="color: #4a90e2;">■</span> Symposium: Should We Include Exercise in the Regular Treatment of Psychiatric Disorders?
	15:00 - 16:30	<span style="color: #92d050;">■</span> Symposium: Development and Implementation of Quality Indicators for Mental Health Care in the Danube Region (Daqumeca)
	17:00 - 18:30	<span style="color: #92d050;">■</span> Symposium: Burn-Out Amongst Students and Health Professionals: a Matter of Great Concern
<b>Breakout 6 (ECP Hall)</b>	08:00 - 09:30	<span style="color: #ff9800;">■</span> ECP Training Workshop: How to Start and Carry Out a Small Research Study Using Your Own Resources?
	10:00 - 11:30	<span style="color: #4a90e2;">■</span> ECP Symposium: Mental Illness and Social Isolation: Why Does it Happen and How Can We Change it?
	15:00 - 16:30	<span style="color: #f1c40f;">■</span> ECP Training Workshop: Transition from Institutionalised to Community-Based Care: How to Design Psychiatric Facilities?
	17:00 - 18:30	<span style="color: #4a90e2;">■</span> ECP Debate: The Rise in Adolescent Suicide: Can It Be Fixed?
<b>Breakout 7</b>	08:00 - 09:30	<span style="color: #4a90e2;">■</span> Symposium: Implementing Cognitive Behavioral Therapy as a Standard Method to Treat Insomnia in Psychiatric Practice
	10:00 - 11:30	<span style="color: #4a90e2;">■</span> Symposium: New Treatment Targets in Addiction Psychiatry: Translating Neuromodulation to the Clinic
	15:00 - 16:30	<span style="color: #f1c40f;">■</span> Symposium: E-Mental Health Approaches to Prevention and Early Intervention in Affective Disorders
	17:00 - 18:30	<span style="color: #f1c40f;">■</span> Symposium: From Clinics to Neurobiology: Bridging the Gap in Bipolar Disorders
<b>Breakout 9</b>	08:00 - 09:30	<span style="color: #f1c40f;">■</span> Symposium: Translational Approaches to Study Early Adversity
	10:00 - 11:30	<span style="color: #f1c40f;">■</span> Symposium: The Language System in the Major Psychoses - Psychopathological Structure, Neurobiology and Treatment Options
<b>Breakout 10</b>	08:00 - 11:30	<span style="color: #f1c40f;">■</span> EPA Course: Training for Early Detection and Intervention in Psychosis
<b>Breakout 11</b>	08:00 - 11:30	<span style="color: #f1c40f;">■</span> EPA Course: Introduction to Interpersonal Therapy (IPT) and Interpersonal and Social Rhythm Therapy (IPSRT)
<b>EPA Meeting Room</b>	09:00 - 11:45	<span style="color: #e91e63;">■</span> Committee on Education
	15:30 - 17:00	<span style="color: #e91e63;">■</span> Section Coordination

## Session Schedule

Friday, April 5th

Saturday, April 6th

Sunday, April 7th

Monday, April 8th

Tuesday, April 9th

	Time	Event
<b>Breakout 1 (Plenary)</b>	08:00 - 09:30	<span style="color: #4a90e2;">■</span> Symposium: Ketamine in Psychiatry: Beyond Depression
	10:00 - 11:30	<span style="color: #4a90e2;">■</span> Symposium: Anti-Inflammatory Treatments: the Next Generation of Antipsychotic Drugs?
	11:45 - 12:30	<span style="color: #ff9800;">■</span> Plenary Lecture: The Dialogue Between Genetic and Environmental Risk Factors in Mood and Anxiety Disorders
<b>Breakout 2</b>	08:00 - 09:30	<span style="color: #90ee90;">■</span> Symposium: Psychiatric Malpractice: Twists and Turns Through Regulatory Systems
	10:00 - 11:30	<span style="color: #90ee90;">■</span> Presidential Symposium: Violence and Discrimination in Women with Disabilities
	15:00 - 16:30	<span style="color: #90ee90;">■</span> Workshop: Suicide Prevention and Assisted Suicide in the Elderly
<b>Breakout 3</b>	08:00 - 09:30	<span style="color: #ffd700;">■</span> Workshop: Drug-Drug Interactions in Real Clinical Practice in Elderly Patients with Mental Disorders: How to Avoid?
	10:00 - 11:30	<span style="color: #ffd700;">■</span> Workshop: Clinically Important Sexual Dysfunctions for the Psychiatrist
	15:00 - 15:45	<span style="color: #4a90e2;">■</span> State of the Art: Long-Term Schizophrenia Medication: Targeting Minimal Effective Dose, Treating Intermittently, or Choosing the 'Safe Side'?
	15:45 - 16:30	<span style="color: #4a90e2;">■</span> State of the Art: Lithium: 70 Years of Treatment in Psychiatry
<b>Breakout 4</b>	08:00 - 09:30	<span style="color: #4a90e2;">■</span> Symposium: Bipolar Disorder: from Prediction to Intervention
	10:00 - 11:30	<span style="color: #ff9800;">■</span> Symposium: Innovations in Forensic Psychiatry: 2019
	15:00 - 16:30	<span style="color: #90ee90;">■</span> Symposium: E-Mental Health: the Digital Revolution in Mental Healthcare
<b>Breakout 5</b>	08:00 - 09:30	<span style="color: #9370db;">■</span> Joint Workshop GAMIAN Europe and EPA: Psychiatrists and Patients in Partnership: Obstacles and Solutions
	10:00 - 11:30	<span style="color: #4a90e2;">■</span> Workshop: Psychosis Across Life Span
	15:00 - 16:30	<span style="color: #ff9800;">■</span> Symposium: Personalised Psychiatry: Novel Neuroimaging Tools for Clinical Translation
<b>Breakout 6 (ECP Hall)</b>	08:00 - 09:30	<span style="color: #ffd700;">■</span> ECP Training Workshop: How to Publish at the Early Career Stage?
	10:00 - 11:30	<span style="color: #ffd700;">■</span> ECP Training Workshop: Balancing Life, Career, Gender: Insights from Experts
	15:00 - 16:30	<span style="color: #ffd700;">■</span> Symposium: Effective Prevention and Assessment of Risk of Suicidal Behaviour in Different Populations with Special Focus on Young People
<b>Breakout 7</b>	08:00 - 09:30	<span style="color: #90ee90;">■</span> Symposium: Modern Challenges for Social Psychiatry in a Transition World
	10:00 - 11:30	<span style="color: #4a90e2;">■</span> Symposium: Management of Mood Disorders: Current Treatments and the Potential of Gabaa Receptor Positive Allosteric Modulators in Postpartum Depression and Major Depressive Disorder
	15:00 - 16:30	<span style="color: #4a90e2;">■</span> Symposium: Female Gender, Reproductive Events and the Expression of Selected Mental Disorders
<b>Breakout 8</b>	15:00 - 16:30	<span style="color: #4a90e2;">■</span> Workshop: Transdiagnostic Group Schema Therapy Approach in Psychiatric Inpatients
<b>Breakout 9</b>	08:00 - 11:30	<span style="color: #ffd700;">■</span> EPA Course: Introduction to Shared Decision-Making Combined with Motivational Interviewing
	15:00 - 16:30	<span style="color: #ffd700;">■</span> Symposium: Problematic Use of the Internet - What the Psychiatrist Needs to Know
<b>Breakout 10</b>	08:00 - 11:30	<span style="color: #ffd700;">■</span> EPA Course: Borderline Personality Disorder: Treatment with and without Psychotherapy
<b>Breakout 11</b>	08:00 - 11:30	<span style="color: #ffd700;">■</span> EPA Course: Clinical Descriptions and Diagnostic Guidelines for ICD-11 Mental, Behavioural, and Neurodevelopmental Disorders. How to Understand and Use ICD-11
<b>EPA Meeting Room</b>	09:30 - 11:30	<span style="color: #ffb6c1;">■</span> Committee on Ethical Issues